

BRECWAST

Ar gael o 8:30 – 11:00

(M) Brechwast y Nant

Cig moch, selsig *Oinc Oink*, wŷy maes, tomato, madarch, bara lafwr a thost £6.95

(M) Selsig Morgannwg

gyda thomatos rhost balsamig ar fara gwyn neu frown £4.95

(M) 2 wŷy maes wedi'i sgramblo

ar dost gwyn neu frown Henllan £3.75

(M) Iogwrt naturiol Llaeth y Llan

Granola, mêl Llŷn a ffrwythau £3.95

(M) Crempog gyda mafon a thriog melyn

£3.50

(M) Corbenfras wedi'i fygu

wedi'i botsio mewn llaeth Llaethdy Llŷn, gyda wŷy maes wedi ei botsio £6.75

(M) Brechdan grasu

Gyda chig moch	£3.95	Gyda chig moch a wyau maes	£4.50
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Gyda selsig <i>Oinc Oink</i>	£3.95	Gyda selsig <i>Oinc Oink</i> a wyau maes	£4.75
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Gyda dau wŷy maes	£3.25	Gyda selsig <i>Oinc Oink</i> a chig moch	£5.75
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		Gyda chig moch, selsig a wyau'r maes	£6.70
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(M) Dwy dafell o dost Henllan

gyda menyn a jam, marmalêd neu fêl Llŷn £2.25

Ar yr ochr...

Ffa pob	.75c
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Pwddin gwaed	£1.25
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Tafell ychwanegol o dost	.55c
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I'w yfed

(M) Tebot o de	£2.10 y person	Twinings	£2.40
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(M)Americano	£2.40	Latte	£2.65
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Cappuccino	£2.65	Esspresso	£1.80
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Siocled poeth gyda hufen a mallows	£2.75	Sudd oren neu afal	£2.00
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BREAKFAST

Available 8:30 – 11:00

(M) Nant Breakfast

Bacon, Oinc Oink Sausages, free range egg, tomato, mushrooms, laver bread & toast £6.95

(M) Glamorgan Sausages

with roast balsamic tomatoes on white or brown toast £4.95

(M) 2 Free range scrambled eggs

on white or brown Henllan toast £3.75

(M) Llaeth y Llan Natural yogurt

Granola, Llŷn honey & fruit £3.95

(M) Pancake with raspberries and syrup

£3.50

(M) Smoked haddock

poached in Llaethdy Llŷn milk, with a poached egg £6.75

(M) Toasted Sandwich

With bacon	£3.95	With bacon and free range egg	£4.50
With Oinc Oink sausage	£3.95	With Oinc Oink sausage and free range egg	£4.75
With two free range eggs	£3.25	With Oinc Oink sausage and bacon	£5.75
		With bacon, sausage and free range egg	£6.70

(M) Two slices of Henllan Toast

with butter & jam, marmalade or Llŷn honey £2.25

On the side...

Bakes beans	.75p
Black pudding	£1.25
Extra slice of toast	.55p

To drink

(M) Pot of tea	£2.10 y person	Twinings	£2.40
(M)Americano	£2.40	Latte	£2.65
Cappuccino	£2.65	Esspresso	£1.80
Hot chocolate with cream and mallows	£2.75	Apple or Orange juice	£2.00