



Cawl y dydd gyda sgon sawrus cartref a menyn	£5.50
Coctel corgimychiaid gyda bara brown a menyn	£5.95
Ffiled o facrell myglyd gyda salad, saws marchruddygl a bara brown	£5.95
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Ochr orau'r forddwyd o gig eidion wedi'i rostio a'i weini gyda phwddin Efrog, saws marchruddygl a llysiau a thatws mewn tymor	£10.95
Brest cyw iâr rost wedi'i weini gyda stwffin saets a nionyn a llysiau a thatws mewn tymor	£10.95
Coes oen Cymreig wedi'i rostio a'i weini gyda saws mintys a llysiau a thatws mewn tymor	£10.95
Ffiled o eog wedi'i stemio a'i weini gyda saws ffenigl a hufen, llysiau a thatws tymhorol	£10.95
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Pwddin poeth y dydd gyda hufen, cwstard neu hufen ia	£5.95
Cinio Sul dau gwrs.....£14.95 Cinio 3 cwrs.....£16.95	
Baget Cig eidion, cyw iâr neu gig oen gyda salad a cholslo	£6.50
<b>Cinio'r chwarelwr</b>	
Caws lleol, ham cartref, bara gwyn neu frown Henllan, salad, colslo ac enllyn afal y Nant	£8.00
<b>Cinio'r pysgotwr</b>	
Ffiled o facrell wedi ei mygu a chorgimychiaid, bara brown Henllan, salad, colslo, a saws marchruddygl	£8.95
<b>Brechdanau plaen neu wedi crasu wedi eu gweini ar fara gwyn neu frown, gyda salad tymhorol a cholslo</b>	
Ham cartref gyda mwstard gronynnog	£5.95
Caws Cheddar Cymreig gyda nionyn coch	£5.95
Caws Cheddar Cymreig gydag enllyn afal y Nant	£5.95
Ham cartref gyda Cheddar Cymreig	£5.95



Soup of the day with homemade savoury scone	£5.50
Prawn cocktail with brown bread and butter	£5.95
Smoked mackerel fillet with salad, horseradish sauce and brown bread	£5.95
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Roast Topside of beef with Yorkshire pudding, horseradish sauce and seasonal vegetables and potatoes	£10.95
Roast breast of chicken with sage and onion stuffing and seasonal vegetables and potatoes	£10.95
Roast leg of Welsh lamb with mint sauce and seasonal vegetables and potatoes	£10.95
Fillet of salmon steamed and served with fennel and cream sauce, seasonal vegetables and potatoes	£10.95
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Hot pudding of the day with cream, custard or ice cream	£5.95

Sunday lunch two course.....£14.95 Three course.....£16.95

Beef, chicken or lamb baguette with salad and coleslaw £6.60

**Quarryman's lunch**

Local cheese, home cooked ham, Henllan brown or white bread,  
salad and Nant apple chutney £8.00

**Fisherman's lunch**

Smoked mackerel fillet and prawns served with brown Henllan bread,  
salad, coleslaw and horseradish sauce £8.95

**Plain or toasted sandwiches on brown or white bread, served with seasonal salad and coleslaw**

Home cooked ham with wholegrain mustard	£5.95
Welsh cheddar with red onion	£5.95
Welsh cheddar with Nant apple chutney	£5.95
Home cooked ham with Welsh cheddar	£5.95