



NANT GWRTHEYRN

(V) Vegetarian (V) Vegan (GF) Gluten Free (GFO) Gluten Free Option

Soup of the day (see blackboard for details) - £5.75 **(GF)**

Served with Henllan bread and welsh butter

Sandwiches brown or white 'Henllan' bread (GFO) with seasonal salad and homemade coleslaw

Prawns in Marie Rose sauce with Iceberg lettuce - £6.95

Home cooked Ham with Nant Gwrtheyrn chutney - £5.95 (Toasted – 50p extra)

Egg

and cress with mayonnaise **(V)** - £5.50

Welsh cheddar cheese with Nant Gwrtheyrn chutney **(V)** - £5.50 (Toasted – 50p extra)

Tuna mayonnaise with cucumber - £5.75

Welsh Rarebit

Made with 'Cwrw Llyn' on brown or white thick 'Henllan' bloomer bread with seasonal salad and coleslaw **(V) (GFO)** - £6.95

With 2 slices of bacon **(GFO)** - £7.50

Miner's lunch

Local cheese, home cooked ham, brown or white thick 'Henllan' bloomer bread with seasonal salad, coleslaw and Nant Gwrtheyrn chutney **(V) (GFO)** - £9.50

Jacket potato:

Cheese or beans with seasonal salad and coleslaw **(V) (GF) (VG)** - £6.50

Prawns in Marie Rose sauce with seasonal salad and coleslaw **(GF)** -£7.25

Tuna mayonnaise with seasonal salad and coleslaw **(GF)**- £6.50

Extras– 75p

Vegetarian

Humus with Pitta bread and seasonal salad and coleslaw **(V) (VG)** - £5.25

Halloumi Burger – served on a Brioche bun with relish, onion rings, home cooked chips, salad and coleslaw- £10.50 **(V)**

Home cooked ham with two fried eggs and home cooked chips with seasonal salad and coleslaw
(GF) - £11.95

6 oz. Welsh beef burger

Served on a Brioche bun with relish, onion rings, home cooked chips, salad and coleslaw- £11.50 (with cheese 75p extra) (with bacon 75p extra)

Look at the blackboard for daily specials

Sunday dinner available until May as well as the regular menu

(1 course £10.95, 2 course £14.95, 3 courses £17.95)

Child portion £6.95

Please look at the blackboard for the choices of roasted meats available served with Roast potatoes, mash or new potatoes and seasonal vegetables

Vegetarian option available

Sides...

Home cooked chips (V) (VG) (GF) - £3.50

Sweet potato chips (V) (VG) (GF) - £3.50

Seasonal salad (V) (VG) (GF) - £3.25

'Elis bach' Children' Menu £5.95

Sausage, chips and baked beans

Ham, egg and chips (GF)

Fish fingers, chips and baked beans


Half a Jacket potato with cheese or beans (V) (GF)-

£3.50



Do you know who Ellis bach was?
Read his story in the Chapel!

A choice of homemade cakes and drinks are on offer at the counter

 nant gwrtheyrn

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