



NANT GWRTHEYRN

Soup of the day (see blackboard for details) - £5.75 (GF)

Served with Henllan bread and welsh butter

Sandwiches (GFO) with seasonal salad and homemade coleslaw

Prawns in Marie Rose sauce with Iceberg lettuce - £6.95

Tuna mayonnaise with cucumber - £5.75

Home cooked Ham with Nant Gwrtheyrn chutney - £5.95

Egg and cress with mayonnaise (V) - £5.50

Welsh cheddar cheese with Nant Gwrtheyrn chutney (V) - £5.95

Welsh Rarebit

Made with 'Cwrw Llŷn' on brown or white thick bloomer bread with seasonal salad and coleslaw (V) (GFO) - £7.95

With 2 slices of bacon (GFO) - £8.50

Jacket potato:

Cheese or beans with seasonal salad and coleslaw (V) (GF) - £6.95

Prawns in Marie Rose sauce with seasonal salad and coleslaw - £7.50 (GF)

Tuna mayonnaise with seasonal salad and coleslaw - £6.95 (GF)

Extras- 75p

Hot meals

Home cooked ham with two fried eggs and home cooked chips with seasonal salad and coleslaw - £11.95

8 oz. Welsh beef burger

Served on a Brioche bun with red onion relish, onion rings, home cooked chips, salad and coleslaw- £12.95 (with cheese 75p extra) (with bacon 75p extra)

Halloumi burger

Served on a Brioche bun with red onion relish, onion rings, home cooked chips, salad and coleslaw- £11.95

Scampi, home cooked chips, peas, tartare sauce, salad and coleslaw - £12.95

See the blackboard for our daily specials

Sides:

Home cooked chips **(V) (VG) (GF)** - £3.50

Sweet potato chips **(V) (VG) (GF)** - £3.50

Seasonal salad **(V) (VG) (GF)** - £3.50

Salad pots:

Chicken Caesar pasta salad - £11.50

Tuna Nicoise salad - £11.50

Greek pasta salad with Feta cheese and olives – **(V) (GFO)** and **(VG with vegan cheese)** – £10.50

Afternoon tea – Minimum 4 persons (Option 1-2 served with a pot of tea) Booking required. Served after 3pm.

Option 1: Choice of 3 small sandwiches or wrap (cheese, ham, egg mayonnaise) a scone with jam and clotted cream, Bara brith, sponge or cheesecake) - £9.95

Option 2: As above with a homemade quiche and savoury chicken or sausage roll - £12.95

Option 3: As option 2 with Mini prawn cocktail bites and Prosecco or Cwrw Llyn - £19.95

Picnic Box (Please call before you visit to order) – Consists of a filled roll or sandwich (Tuna, cheese, ham, egg) homemade sausage roll or quiche and a welsh cake or bara brith and cake of the day with a cold or hot drink - £9.95

Vegetarian or vegan options available

'Elis bach' Children' Menu £5.95

Sausage, chips and baked beans

Ham, egg and chips **(GF)**

Fish fingers, chips and baked beans

Kids picnic box: Roll (ham, cheese or tuna),

Homemade cake quavers and a drink



Please discuss any dietary requirements with a member of staff or ask to see our food allergy file

A choice of homemade cakes and drinks are on offer at the counter

 nant gwrtheyrn

Llithfaen, LL53 6NL / 01758 750 442 / post@nantgwrtheyrn.org / www.nantgwrtheyrn.org